



Reflecting Back (2024) to Impact Communities (2025)

As we enter a new year, it is a beautiful opportunity for SB Fatherhood to reflect on the work we have accomplished that aligns with our mission statement: “To enhance the engagement of fathers by promoting a culture of father inclusion and responsible fatherhood in communities. Our mission will be accomplished in collaboration with local schools, community partners, faith-based organizations and private and public agencies”.

Here are a few highlights of our accomplishments in 2024:

- Facilitated the evidence-based, **24:7 Dad Fathering program**, virtually and in-person, to increase men’s awareness, knowledge and skills in being a good Dad.
- Facilitated the nationally known and best practice, **Boot Camp for New Dads** workshop, on a monthly basis in the city of San Bernardino to over 100 new and expectant fathers.
- Hosted community events that highlight the importance of father involvement in the lives of their children, such as our: **Daddy Daughter Dance; Father’s Day Weekend with Inland Empire 66ers Baseball; Walter Beasley Jazz /R&B Concert: A Tribute to Fathers; Leadership Summit for Fatherhood; Million Fathers March; and International Men’s Day.**

Our 2024 events have been well-attended with participants leaving with personal stories of remarkable outcomes in the lives of their children and families as a result of their participation.

Our collaboration with local schools, community partners, faith-based organizations and public and private agencies has increased our capacity to expand and more effectively serve fathers, children and families in communities.

As we enter the year 2025, SB Fatherhood looks forward to extending its services to other regions in San Bernardino County, such as the cities of **Barstow, Victorville, Fontana, and Rialto**. Utilizing our transformative programs and innovative strategies, SB Fatherhood boldly enters this new year with endless possibilities for significant impact and increased growth in the lives of fathers, children and families.

Join us in our mission this new year through your regular donations or generous giving, attending our events, and/or sharing the great work SB Fatherhood is doing in your community. Together, we can create lasting change and inspire a brighter future for generations to come.

For Thriving Communities,

Ryan Berryman, MSW
Executive Director

SB FATHERHOOD: BOOT CAMP FOR NEW DADS



2025 Year-End Report

OUR MISSION AND VISION

To enhance the engagement of fathers by promoting a culture of father inclusion and responsible fatherhood in communities.

A society where children thrive, families are strong, and communities are safe as a result of responsible fathering.

ABOUT BOOT CAMP FOR NEW DADS

Boot Camp for New Dads is a one-day, three-hour workshop for new and expecting Dads. Boot Camp for New Dads is the U.S.'s largest program for first-time dads-to-be. Coached and taught by fathers with their babies, Boot Camp for New Dads enables new dads to step up to the challenge of being a dad and feel confident bringing the new baby home.

This is a three-hour workshop covering fatherhood and the needs of new mothers and new babies. During the workshop, the Coach (facilitator) will make sure new Dads (Rookies) talk about what they are most concerned about as new dads and other important topics, such as: supporting new moms, breastfeeding, feeding, changing a diaper, how to manage family and visitors, baby's safety, and more.

2025 BOOT CAMP EVENTS

The SB Fatherhood Boot Camp for New Dads was offered at four locations throughout San Bernardino County in 2025. A total of 28 workshops were conducted in these locations: Dignity Health Education Center in San Bernardino (11 events), Providence St. Mary Medical Center in Apple Valley (9 events), Kaiser Permanente in Fontana (6 events), and the Rialto Unified School District (2 events). The Boot Camp provided education to a total of 119 fathers, including some fathers returning to act as veteran dads. The Boot Camp for New Dads primarily provides service to high-risk families, including fathers from minority ethnicities, including African American (54%), Latino (20%), and Native American (8%).



Attendees of Boot Camp for New Dads all receive an incentive bag filled with new baby supplies courtesy of our partners with the Good+ Foundation.

Participant Feedback

Data from participant surveys and qualitative feedback indicate that SB Fatherhood's Boot Camp for New Dads is highly effective in strengthening fathers' confidence, co-parenting skills, and sense of community. The strongest qualitative themes—supporting a partner, teamwork with a partner, and personal mindset and qualities—align closely with quantitative findings showing that over 90% of participants reported increased confidence in understanding their partner's emotions, supporting their partner after birth, and forming a parenting team.

“I feel good knowing that, as a dad, I can count on support, and I feel more confident in my role at home.”

Program Impact

Beyond individual skills, the Boot Camp successfully fostered connection and community among fathers, a theme cited by many participants. One father emphasized the broader impact of the program, stating, “This is an invaluable course. This will help men become the pillars of the community that we are meant to be.” Others echoed the need for continued investment in father-focused programming, noting, “We need more programs and support to inform more fathers on improving fatherhood awareness and support.” These sentiments align with the high endorsement of the program, with 100% of 2025 participants stating the workshop is worth recommending and 96% strongly agreeing they would recommend it to other dads.

Boot Camp for New Dads Events			
Location	Number of Events	Total Attendees	Unique Attendees
San Bernardino	11	63	43
Apple Valley	9	33	18
Rialto	2	5	5
Fontana	6	18	12
Total	28	119	78

Participants also expressed strong appreciation for the structure, facilitation, and peer-learning format of the workshop. High ratings for the information provided (96%), facilitator presentation (96%), and learning from Veteran dads (90%) were reinforced by comments such as, “This is a great workshop, and Ryan does an excellent job as the facilitator. There definitely should be more classes like this.” Expressions of gratitude and belonging further illustrate the program’s supportive environment, with fathers sharing, “Glad to be here and a part of a Fatherhood program that supports fathers,” and “Thank you to the SB Fatherhood program for sharing this information and allowing me to be part of the experience and share with other new dads.”

“This is an invaluable course. This will help men become the pillars of the community that we are meant to be.”

Participants frequently described the program as transformative for both their parenting and partner relationships. One father shared that the workshop provided tools “that will make me a better parent and partner,” while another reflected more broadly on personal growth, stating, “How to be a better person in life and a good husband and dad to my family. I really appreciate this space. I feel empowered and supported.” These reflections reinforce the program’s emphasis on intentional fatherhood and healthy family dynamics.

Confidence in hands-on parenting skills also emerged as a clear outcome. Quantitative data show that 93% of dads felt confident caring for their baby on their own, 91% felt better equipped to support a crying baby, and 89% reported stronger bonding with their baby. Fathers echoed these gains qualitatively, with one participant noting, “I feel good knowing that as a dad I can count on support, and I feel more confident in my role at home. I had not known that men should receive workshops like this.” This highlights both increased self-efficacy and the program’s role in addressing an unmet need for father-specific education.